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**8th Mplus Users Meeting:
Modeling change in psychopathological networks with
DSEM**

Outline

- 1 Introduction to the network idea
- 2 VAR multilevel-VAR
- 3 Mplus code

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Comorbidity: A network perspective

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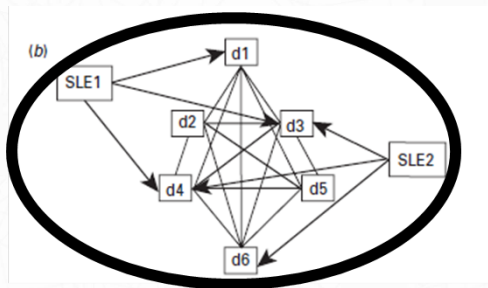
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Abstract: The pivotal problem of comorbidity research lies in the psychometric foundation it rests on, that is, *latent variable theory*, in which a mental disorder is viewed as a latent variable that *causes* a constellation of symptoms. From this perspective, comorbidity is a (bi)directional relationship between multiple latent variables. We argue that such a latent variable perspective encounters serious problems in the study of comorbidity, and offer a radically different conceptualization in terms of a *network approach*, where comorbidity is hypothesized to arise from direct relations between symptoms of multiple disorders. We propose a method to visualize comorbidity networks and, based on an empirical network for major depression and generalized anxiety, we argue that this approach generates realistic hypotheses about pathways to comorbidity, overlapping symptoms, and diagnostic boundaries, that are not naturally accommodated by latent variable models. Some pathways to comorbidity through the *symptom space* are more likely than others; those pathways generally have the same direction (i.e., from symptoms of one disorder to symptoms of the other); overlapping symptoms play an important role in comorbidity; and boundaries between diagnostic categories are necessarily fuzzy.

Keywords: comorbidity; complex networks; generalized anxiety; latent variable models; major depression

Why do symptoms tend to co-vary?



- Symptoms directly (causally) influence each other
- Focus on symptom level
- Depression is its symptoms¹

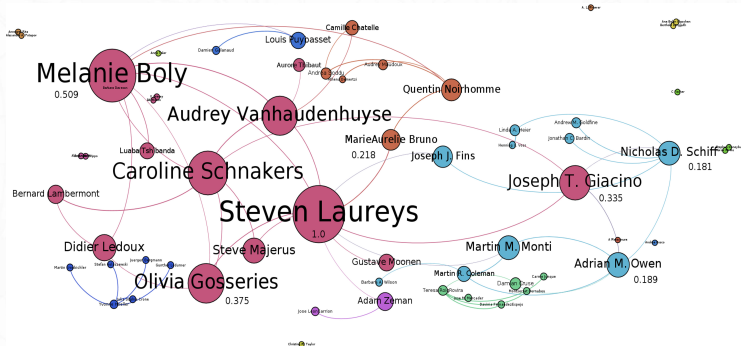
¹Figure of [Cramer et al., 2012]

How to infer a network in psychology?

Emotion or symptom networks differ from social networks

- Edges are not given

Co-author network



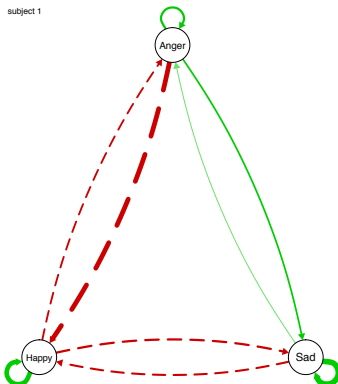
An example with 3 variables

VAR model

$$Happy_t = \beta_{10} + \beta_{11}Happy_{t-1} + \beta_{12}Sad_{t-1} + \beta_{13}Anger_{t-1} + e_{1,t}$$

$$Sad_t = \beta_{20} + \beta_{21}Happy_{t-1} + \beta_{22}Sad_{t-1} + \beta_{23}Anger_{t-1} + e_{2,t}$$

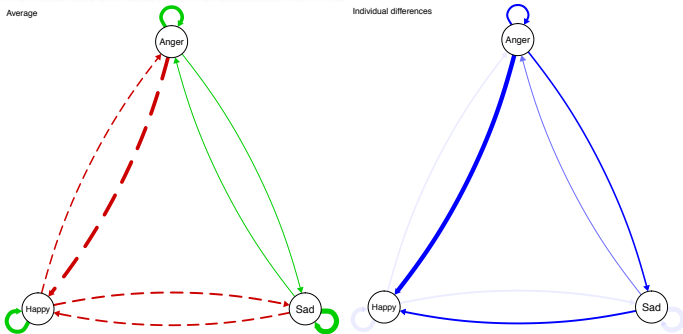
$$Anger_t = \beta_{30} + \beta_{31}Happy_{t-1} + \beta_{32}Sad_{t-1} + \beta_{33}Anger_{t-1} + e_{3,t}$$



Networks inferred by multilevel-VAR

Multilevel-VAR model

$$\begin{aligned} Happy_{i,t} = & \beta_{10} + b_{10i} + (\beta_{11} + b_{11i}) Happy_{i,t-1} + \\ & (\beta_{12} + b_{12i}) Anger_{i,t-1} + \\ & (\beta_{13} + b_{13i}) Sad_{i,t-1} + \\ & e_{1i,t} \end{aligned}$$



Estimation limitations until now

- Multilevel VAR is not yet well implemented in open source software

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- Unequal distance/missingness is problematic

The data

Analyzing ESM data [Geschwind et al., 2011]

- Subjects having residual depressive symptoms
- Mindfulness therapy/control group
- Per study period
- 6 days
- 10 beeps per day
- 4 items: Happy Relaxed Sad Worry

Mplus code: comparing networks

Pre Post $\rightarrow$ zeros and ones

Lets focus on the between level:

$$Happy_{pre_i} = \gamma_{00} + \gamma_{01}Group + e_{it}$$

$$Happy_{post_i} = \gamma_{10} + 1 * Happy_{pre_i} + \gamma_{11}Group + e_{it}$$

$$Happy_{post_i} - Happy_{pre_i} = \gamma_{10} + \gamma_{11}Group + e_{it}$$

```
%BETWEEN%  
Happre Worpre Sadpre Relpre phil11-phil44  
WITH Happre Worpre Sadpre Relpre phil11-phil44;  
  
Happre Worpre Sadpre Relpre phil11-phil44 ON Group;  
Happos ON Happre@1 Group;  
Worpos ON Worpre@1 Group;  
Sadpos ON Sadpre@1 Group;  
Relpos ON Relpre@1 Group;
```

```
Phi211 ON phil11@1 Group;  
Phi222 ON phil12@1 Group;  
Phi233 ON phil13@1 Group;  
Phi212 ON phil12@1 Group;  
Phi213 ON phil13@1 Group;  
Phi214 ON phil14@1 Group;  
Phi221 ON phil21@1 Group;  
Phi223 ON phil23@1 Group;  
Phi224 ON phil24@1 Group;  
Phi231 ON phil31@1 Group;  
Phi232 ON phil32@1 Group;  
Phi234 ON phil34@1 Group;  
Phi241 ON phil41@1 Group;  
Phi242 ON phil42@1 Group;  
Phi243 ON phil43@1 Group;  
Phi244 ON phil44@1 Group;
```

```
OUTPUT: TECH1 TECH8 STANDARDIZED (CLUSTER);  
PLOT: TYPE = PLOT3;
```

Mplus code

Pre Post -> zeros and ones

```
MODEL: %WITHIN%  
phi111 | Happre ON Happre@1;  
phi122 | Worpre ON Worpre@1;  
phi133 | Sadpre ON Sadpre@1;  
phi112 | Happre ON Worpre@1;  
phi113 | Happre ON Sadpre@1;  
phi114 | Happre ON Relpre@1;  
phi121 | Worpre ON Happre@1;  
phi123 | Worpre ON Sadpre@1;  
phi124 | Worpre ON Relpre@1;  
phi131 | Sadpre ON Happre@1;  
phi132 | Sadpre ON Worpre@1;  
phi134 | Sadpre ON Relpre@1;  
phi141 | Relpre ON Happre@1;  
phi142 | Relpre ON Worpre@1;  
phi143 | Relpre ON Sadpre@1;  
phi144 | Relpre ON Relpre@1;
```

```
phi211 | Happos ON Happos@1;  
phi222 | Worpos ON Worpos@1;  
phi233 | Sadpos ON Sadpos@1;  
phi212 | Happos ON Worpos@1;  
phi213 | Happos ON Sadpos@1;  
phi214 | Happos ON Relpos@1;  
phi221 | Worpos ON Happos@1;  
phi223 | Worpos ON Sadpos@1;  
phi224 | Worpos ON Relpos@1;  
phi231 | Sadpos ON Happos@1;  
phi232 | Sadpos ON Worpos@1;  
phi234 | Sadpos ON Relpos@1;  
phi241 | Relpos ON Happos@1;  
phi242 | Relpos ON Worpos@1;  
phi243 | Relpos ON Sadpos@1;  
phi244 | Relpos ON Relpos@1;
```

```
Happre WITH Happos@0;  
Worpre WITH Worpos@0;  
Sadpre WITH Sadpos@0;  
Relpre WITH Relpos@0;  
Happre WITH Worpos@0;  
Worpre WITH Sadpos@0;
```

Results I

MODEL RESULTS

	Estimate	Posterior S.D.	One-Tailed P-Value	95% C.I. Lower 2.5% Upper 2.5%		Significance
Within Level						
HAPFRE WITH						
HAPPOS	0.000	0.000	1.000	0.000	0.000	
WORPOS	0.000	0.000	1.000	0.000	0.000	
SADPOS	0.000	0.000	1.000	0.000	0.000	
RELPOS	0.000	0.000	1.000	0.000	0.000	
WORPRE WITH						
WORPOS	0.000	0.000	1.000	0.000	0.000	
SADPOS	0.000	0.000	1.000	0.000	0.000	
RELPOS	0.000	0.000	1.000	0.000	0.000	
HAPPOS	0.000	0.000	1.000	0.000	0.000	
HAPFRE	-0.782	0.024	0.000	-0.818	-0.724	*
SADPRE WITH						
SADPOS	0.000	0.000	1.000	0.000	0.000	
WORPOS	0.000	0.000	1.000	0.000	0.000	
RELPOS	0.000	0.000	1.000	0.000	0.000	
HAPPOS	0.000	0.000	1.000	0.000	0.000	
HAPFRE	-0.743	0.021	0.000	-0.778	-0.694	*
WORPRE	0.747	0.023	0.000	0.703	0.787	*
RELPRE WITH						
RELPOS	0.000	0.000	1.000	0.000	0.000	
WORPOS	0.000	0.000	1.000	0.000	0.000	
SADPOS	0.000	0.000	1.000	0.000	0.000	
HAPPOS	0.000	0.000	1.000	0.000	0.000	
HAPFRE	0.848	0.026	0.000	0.797	0.896	*
WORPRE	-0.782	0.028	0.000	-0.832	-0.733	*
SADPRE	-0.630	0.022	0.000	-0.669	-0.586	*
WORPOS WITH						
HAPPOS	-0.493	0.019	0.000	-0.534	-0.463	*
SADPOS WITH						
HAPPOS	-0.520	0.014	0.000	-0.549	-0.495	*
WORPOS	0.514	0.018	0.000	0.473	0.542	*
RELPOS WITH						
HAPPOS	0.647	0.014	0.000	0.623	0.675	*
WORPOS	-0.511	0.019	0.000	-0.552	-0.477	*
SADPOS	-0.436	0.017	0.000	-0.467	-0.394	*
Between Level						
RELPOS ON						
RELPRE	1.000	0.000	0.000	1.000	1.000	
GROUP	0.444	0.150	0.001	0.143	0.741	*
PHI211 ON						
PHI111	1.000	0.000	0.000	1.000	1.000	

Results II

Between Level

Intercepts

HAPPRE	4.043	0.092	0.000	3.864	4.222	*
HAPPOS	-0.021	0.106	0.419	-0.224	0.194	
WORPRE	2.939	0.119	0.000	2.698	3.171	*
WORPOS	-0.195	0.124	0.063	-0.444	0.040	
SADPRE	2.521	0.103	0.000	2.309	2.723	*
SADPOS	-0.195	0.097	0.021	-0.388	-0.009	
RELPRE	4.215	0.082	0.000	4.054	4.376	*
RELPOS	0.008	0.102	0.474	-0.194	0.209	
PHI111	0.288	0.034	0.000	0.227	0.363	*
PHI122	0.220	0.034	0.000	0.159	0.288	*
PHI133	0.249	0.034	0.000	0.183	0.321	*
PHI112	-0.018	0.022	0.216	-0.057	0.027	
PHI113	-0.106	0.030	0.000	-0.164	-0.045	*
PHI114	0.071	0.025	0.002	0.023	0.119	*
PHI121	-0.085	0.035	0.007	-0.150	-0.018	*
PHI123	0.123	0.034	0.000	0.056	0.191	*
PHI124	-0.070	0.031	0.011	-0.135	-0.009	*
PHI131	-0.144	0.030	0.000	-0.204	-0.089	*
PHI132	0.070	0.022	0.006	0.016	0.106	*
PHI134	-0.031	0.022	0.062	-0.077	0.009	
PHI141	0.154	0.032	0.000	0.092	0.217	*
PHI142	-0.017	0.026	0.298	-0.061	0.035	
PHI143	-0.066	0.030	0.015	-0.125	-0.004	*
PHI144	0.203	0.030	0.000	0.139	0.260	*
PHI211	0.043	0.043	0.153	-0.037	0.133	
PHI222	0.016	0.044	0.369	-0.068	0.103	
PHI233	-0.049	0.043	0.105	-0.144	0.024	
PHI212	-0.014	0.037	0.347	-0.098	0.052	
PHI213	0.076	0.036	0.010	0.014	0.155	*
PHI214	0.000	0.039	0.498	-0.077	0.075	
PHI221	-0.061	0.043	0.038	-0.160	0.005	
PHI223	-0.115	0.049	0.004	-0.215	-0.021	*
PHI224	0.037	0.041	0.186	-0.051	0.119	
PHI231	-0.016	0.038	0.340	-0.096	0.054	
PHI232	-0.031	0.037	0.221	-0.096	0.046	
PHI234	-0.014	0.030	0.269	-0.079	0.039	
PHI241	0.028	0.043	0.259	-0.054	0.112	
PHI242	-0.014	0.047	0.408	-0.103	0.056	
PHI243	0.066	0.048	0.086	-0.024	0.166	
PHI244	-0.014	0.043	0.387	-0.091	0.067	

Results III

between Level						
PHI111 GROUP	ON	-0.020	0.044	0.327	-0.108	0.064
PHI122 GROUP	ON	0.089	0.053	0.054	-0.023	0.185
PHI133 GROUP	ON	0.031	0.043	0.238	-0.059	0.116
PHI112 GROUP	ON	-0.058	0.036	0.042	-0.126	0.008
PHI113 GROUP	ON	-0.001	0.044	0.489	-0.095	0.085
PHI144 GROUP	ON	0.022	0.040	0.275	-0.053	0.105
PHI211 GROUP	ON	-0.053	0.067	0.259	-0.159	0.096
PHI222 GROUP	ON	-0.076	0.071	0.146	-0.213	0.057
PHI233 GROUP	ON	0.025	0.059	0.339	-0.087	0.142
PHI212 GROUP	ON	0.069	0.050	0.066	-0.025	0.169
PHI213 GROUP	ON	-0.145	0.067	0.030	-0.264	0.007
PHI214 GROUP	ON	-0.047	0.049	0.162	-0.147	0.042
PHI221 GROUP	ON	0.115	0.062	0.017	0.011	0.242 *
PHI223 GROUP	ON	0.069	0.062	0.125	-0.053	0.194
PHI224 GROUP	ON	-0.019	0.065	0.380	-0.167	0.086
PHI231 GROUP	ON	0.053	0.058	0.182	-0.049	0.175
PHI234 GROUP	ON	0.035	0.050	0.184	-0.043	0.163
PHI244 GROUP	ON	-0.041	0.060	0.238	-0.168	0.069

Results IV

HAPPRE GROUP	ON	-0.220	0.134	0.047	-0.476	0.044	
WORPRE GROUP	ON	-0.061	0.174	0.358	-0.398	0.284	
SADPRE GROUP	ON	-0.134	0.151	0.183	-0.434	0.161	
RELPRE GROUP	ON	-0.284	0.119	0.009	-0.514	-0.053	*
HAPPOS HAPPRE GROUP	ON	1.000 0.558	0.000 0.156	0.000 0.001	1.000 0.247	1.000 0.855	*
WORPOS WORPRE GROUP	ON	1.000 -0.595	0.000 0.188	0.000 0.001	1.000 -0.964	1.000 -0.228	*
SADPOS SADPRE GROUP	ON	1.000 -0.342	0.000 0.148	0.000 0.013	1.000 -0.639	1.000 -0.052	*
RELPOS RELPRE GROUP	ON	1.000 0.444	0.000 0.150	0.000 0.001	1.000 0.143	1.000 0.741	*

Challenges

*** WARNING

One or more individual-level variables have no variation within a cluster for the following clusters.

Variable Cluster IDs with no within-cluster variation

HAPPOS	10778 10725 10763 10846 10799 10744 10777 10828 10775
WORPOS	10778 10725 10763 10846 10799 10744 10777 10828 10775 10754 10755
SADPRE	10812 10755 10843
SADPOS	10778 10725 10763 10846 10799 10744 10777 10828 10775 10812 10797
RELPOS	10778 10725 10763 10846 10799 10744 10777 10828 10775
WORPOS&1	10754 10755
SADPRE&1	10812 10755 10843
SADPOS&1	10812 10797

1 WARNING(S) FOUND IN THE INPUT INSTRUCTIONS

WARNING: PROBLEMS OCCURRED IN SEVERAL ITERATIONS IN THE COMPUTATION OF THE STANDARDIZED ESTIMATES FOR SEVERAL CLUSTERS. THIS IS MOST LIKELY DUE TO AR COEFFICIENTS GREATER THAN 1 OR PARAMETERS GIVING NON-STATIONARY MODELS. SUCH POSTERIOR DRAWS ARE REMOVED. THE FOLLOWING CLUSTERS HAD SUCH PROBLEMS:

10778 10763 10846 10799 10744 10773 10791 10781 10722 10851 10812 10793 10732 10808 10726 10802
10772 10813 10755 10822 10783 10832 10792 10844

Number of Free Parameters

146

Challenges II

- Robustness
- Multiple testing
- Time variable

Acknowledgments

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Citations I

Bringmann, L. F., Vissers, N., Wichers, M., Geschwind, N., Kuppens, P., Peeters, F., Borsboom, D., and Tuerlinckx, F. (2013). A network approach to psychopathology: New insights into clinical longitudinal data. *PLoS One*, 8(4):e60188.

Cramer, A., van der Sluis, S., Noordhof, A., Wichers, M., Geschwind, N., Aggen, S. H., Kendler, K. S., and Borsboom, D. (2012). Dimensions of normal personality as networks in search of equilibrium: You can't like parties if you don't like people. *European Journal of Personality*, 26(4):414–431.

Geschwind, N., Peeters, F., Drukker, M., Van Os, J., and Wichers, M. (2011). Mindfulness training increases momentary positive emotions and reward experience in adults vulnerable to depression: A randomized controlled trial. *Journal of Consulting and Clinical Psychology*, 79(5):618–628.

Snippe, E., Viechtbauer, W., Geschwind, N., Klippel, A., De Jonge, P., and Wichers, M. (2017). The impact of treatments for depression on the dynamic network structure of mental states: Two randomized controlled trials. *Scientific Reports*, 7.

A complex, light gray network diagram serves as the background. It consists of numerous circular nodes of varying sizes, interconnected by a dense web of thin, gray lines. Some nodes are highlighted with a darker gray or contain internal symbols like arrows or stars. The overall effect is a sense of a large, interconnected system or network.

Thank you!

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