

# Mediation and Causal Mechanisms: A Continuous-Time Approach

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# Overview

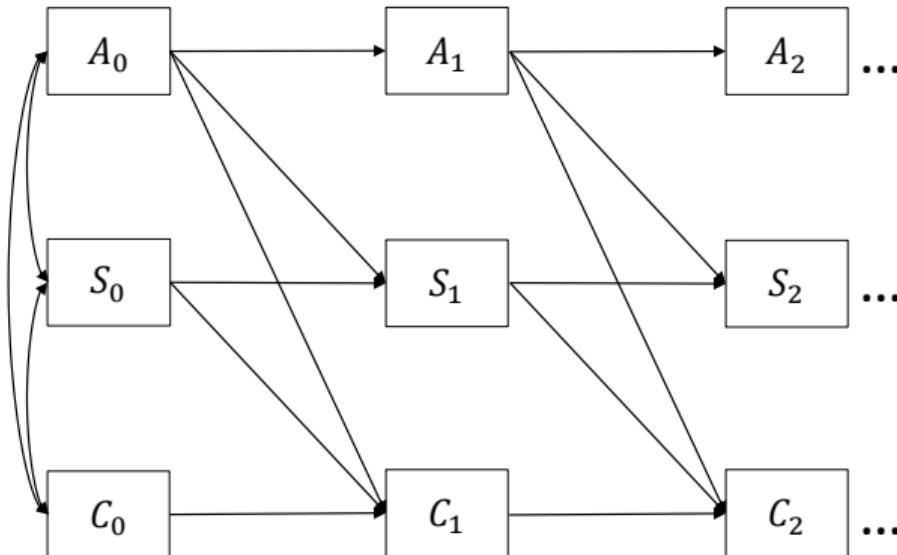
- ▶ Context
  - ▶ Data: ESM studies
  - ▶ Model: VAR(1)
  - ▶ Substantive interest: Mediation

# Overview

- ▶ Context
  - ▶ Data: ESM studies
  - ▶ Model: VAR(1)
  - ▶ Substantive interest: Mediation
- ▶ Summary
  - ▶ **Traditional VAR(1)** models - misleading interpretation of causal structure
  - ▶ **Continuous-Time** models - alternative conceptual framework

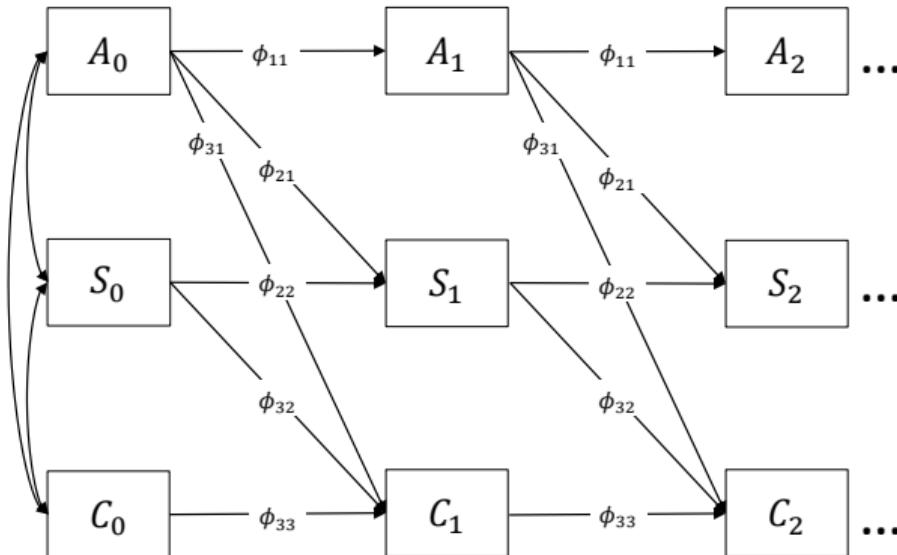
# VAR(1) Model

$$\mathbf{Y}_\tau = \Phi \mathbf{Y}_{\tau-1} + \epsilon_\tau$$



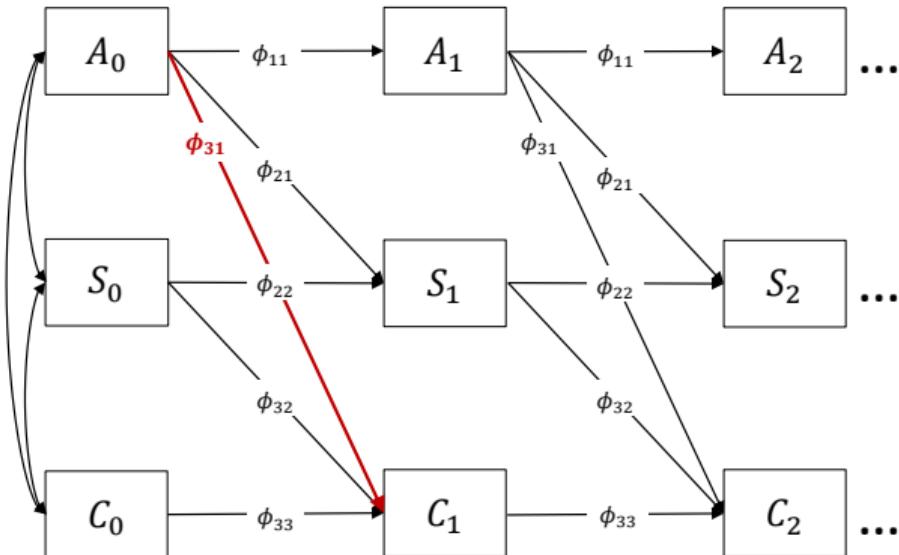
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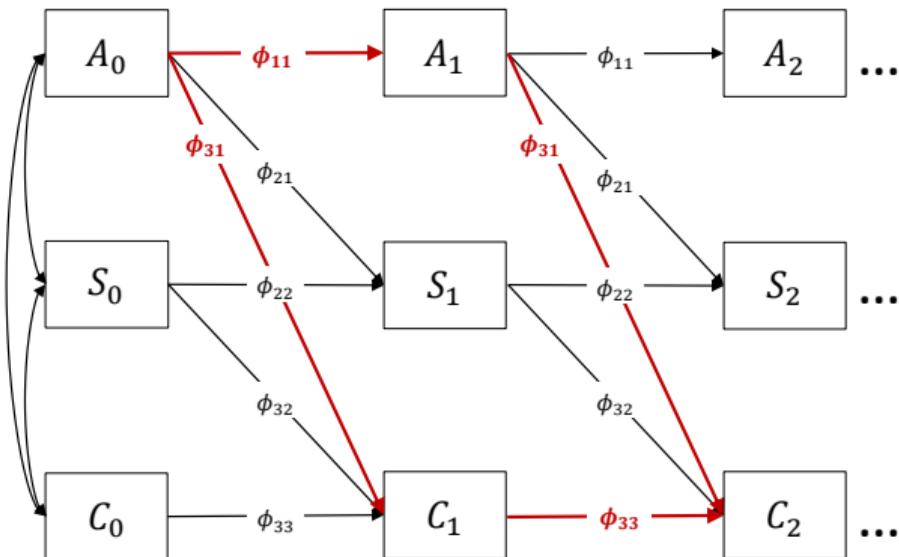
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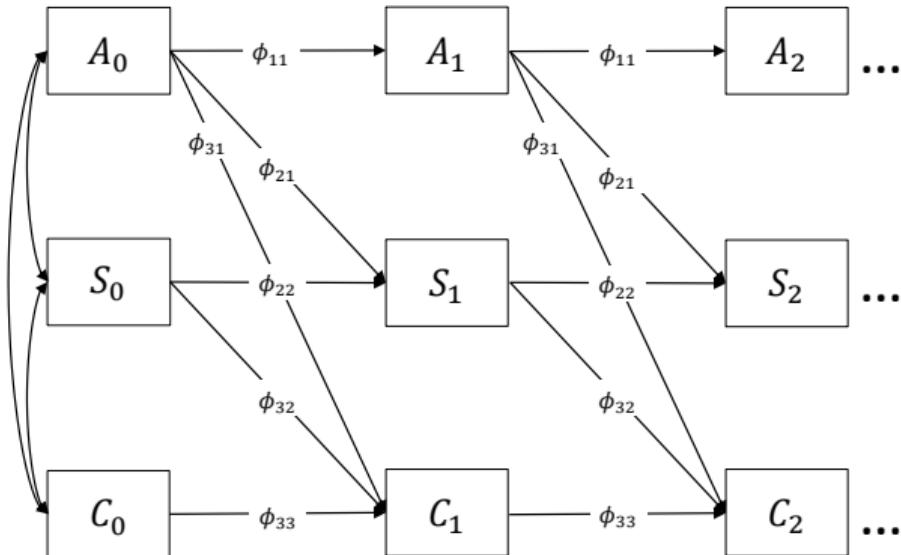
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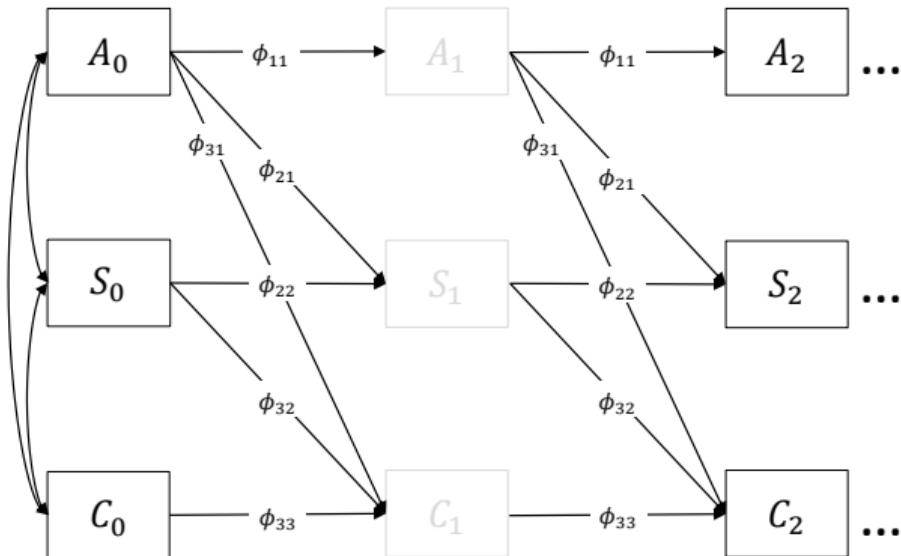
# The Time-Interval Problem (cf. Gollob & Reichardt, 1987)

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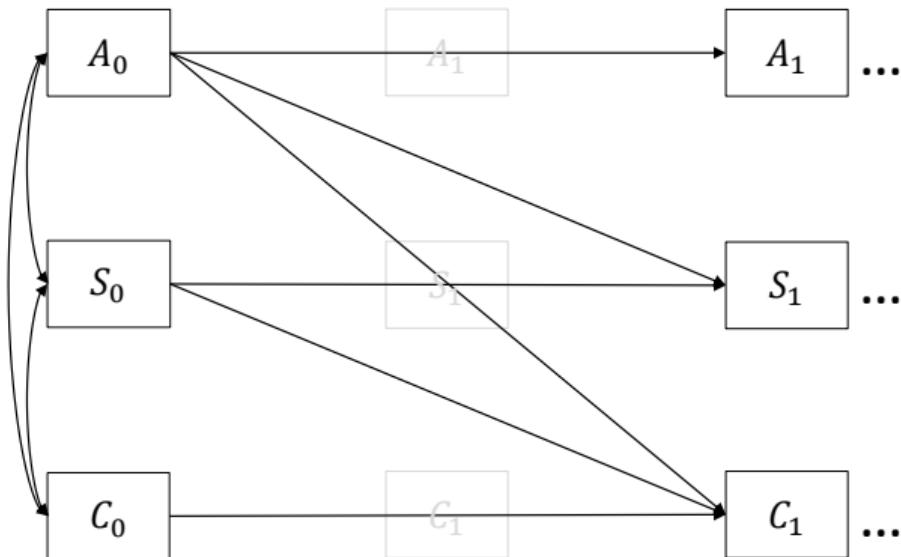
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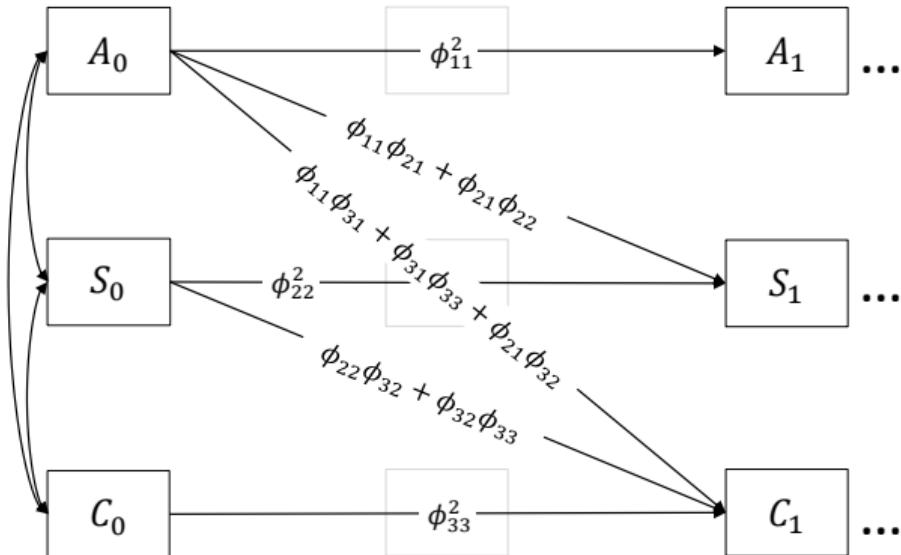
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$$\Phi(\Delta t = 2) = \Phi(\Delta t = 1)^2$$



## Implications of the Time-Interval Problem

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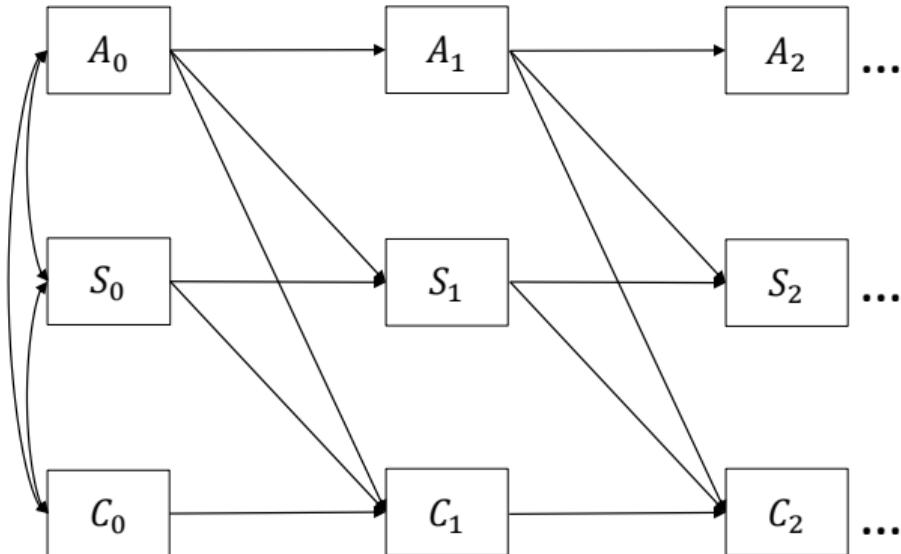
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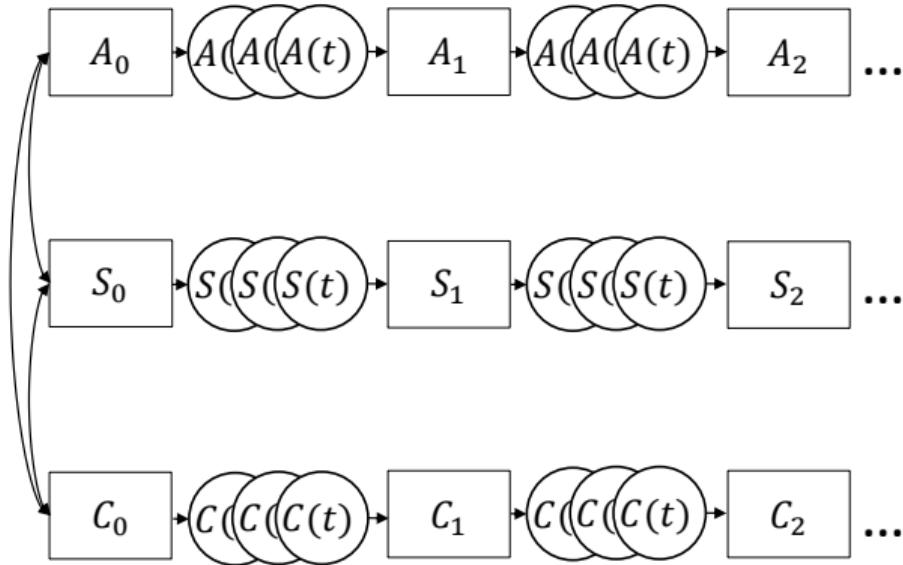
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3. Interpretation of  $\Phi$  parameters as direct effects is questionable
  - ▶ **Continuous Time Modelling** offers an alternative framework for path specific effects - (Deboeck & Preacher, 2015; Aalen et al. 2012).

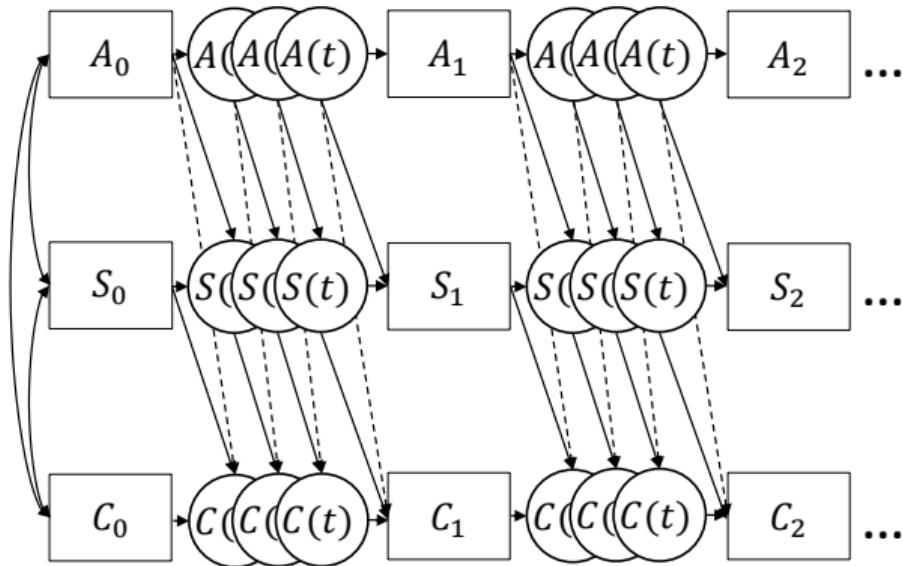
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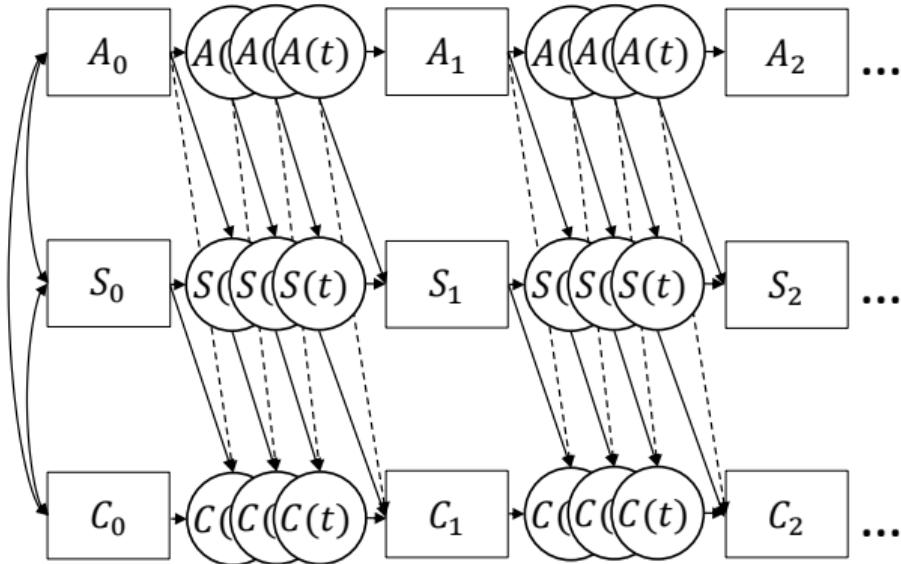


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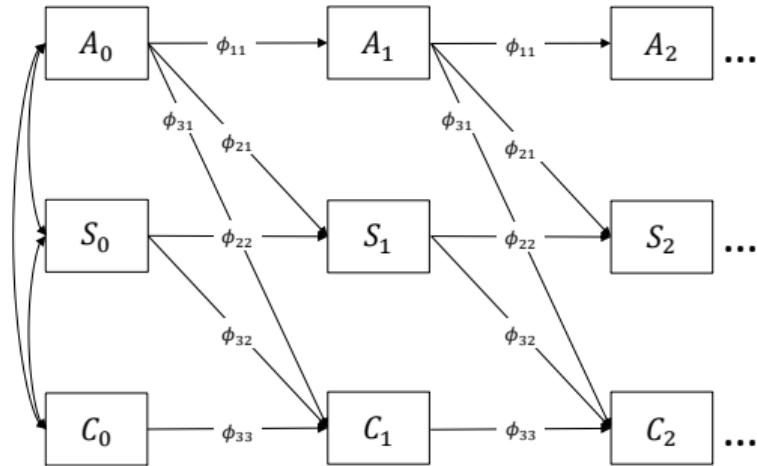
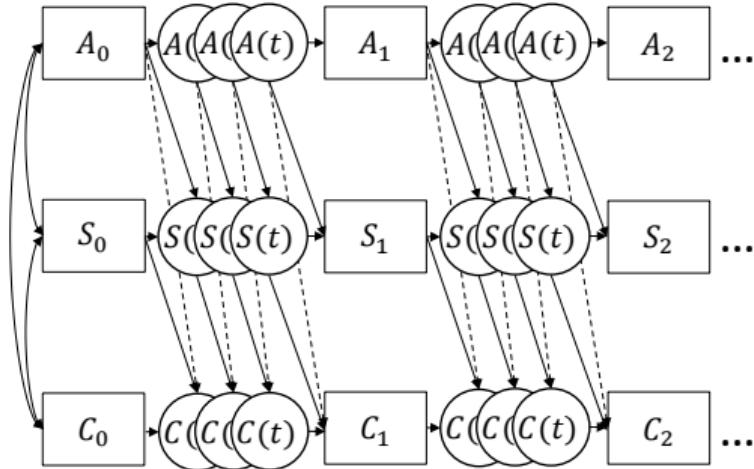


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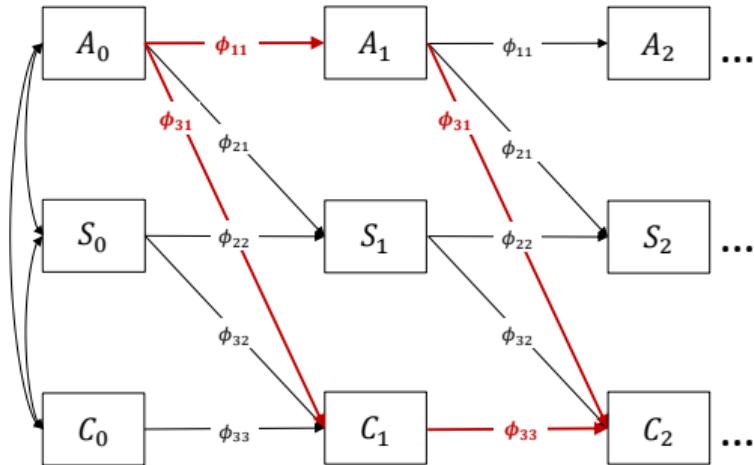
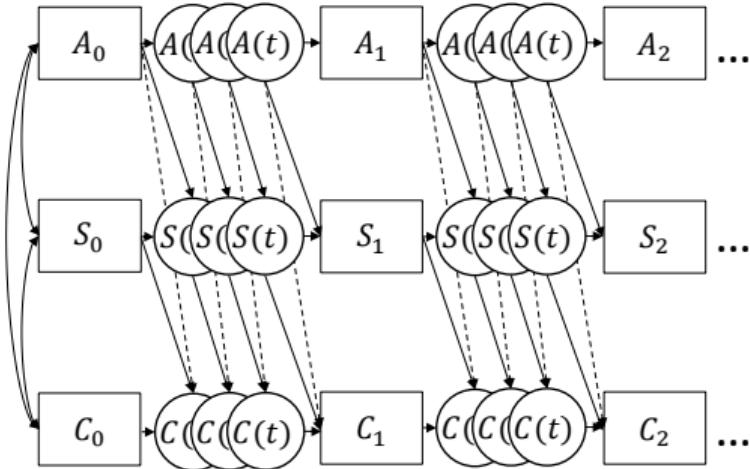


## Direct effects: CT vs DT



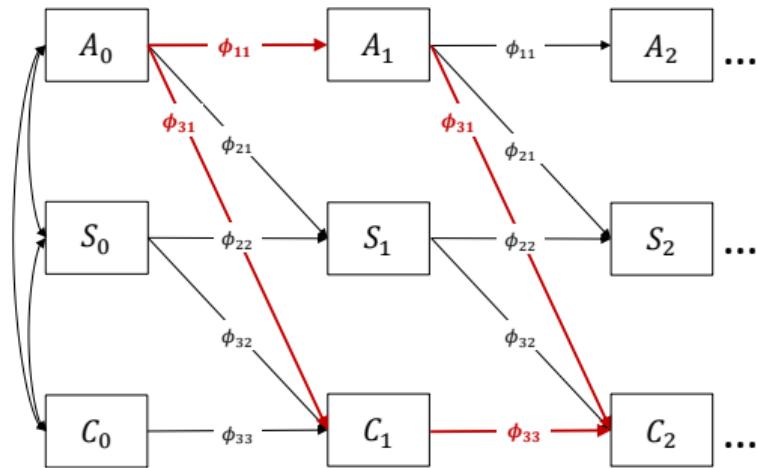
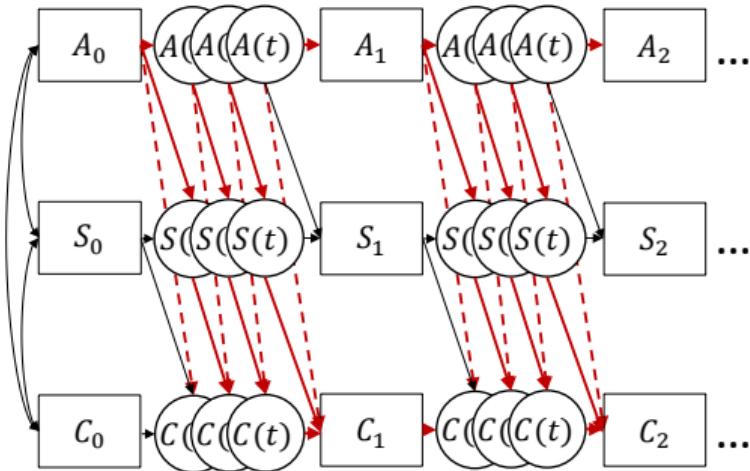
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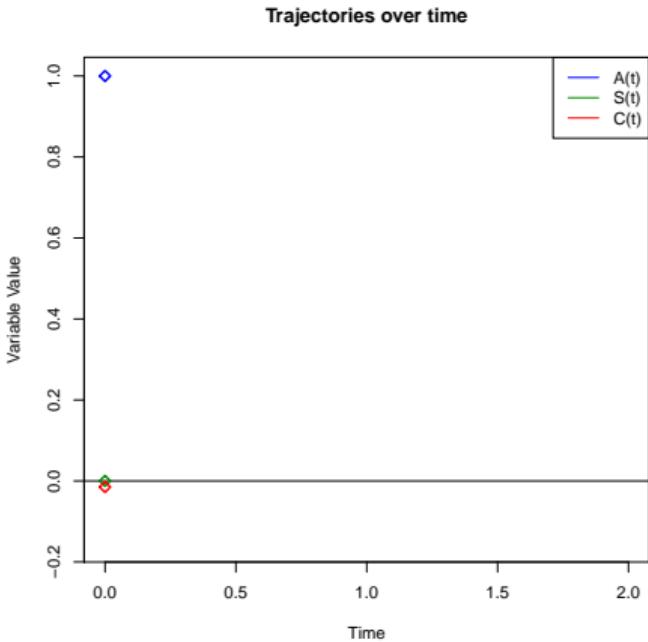
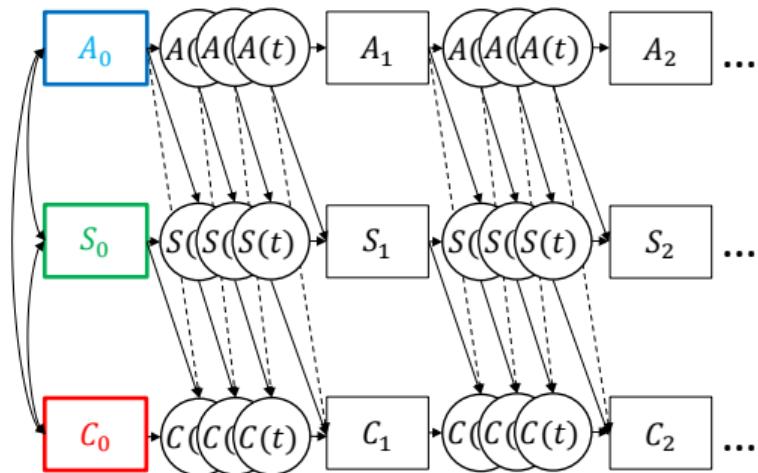
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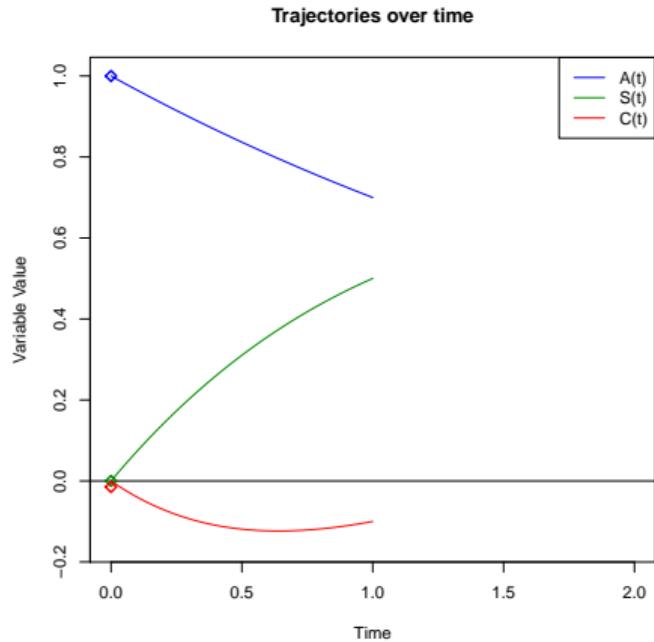
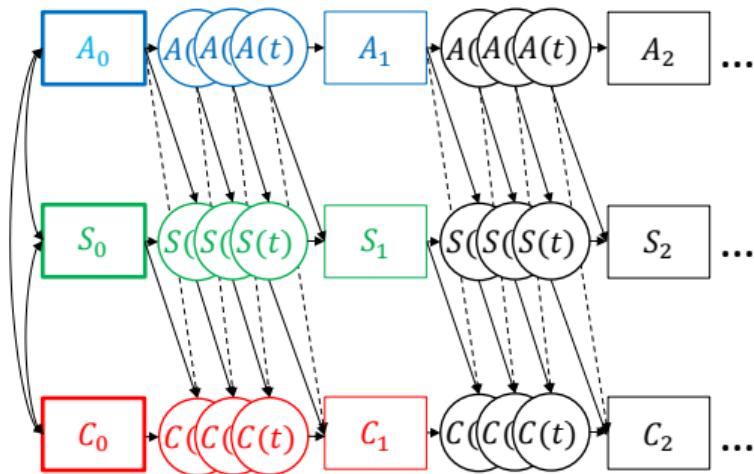
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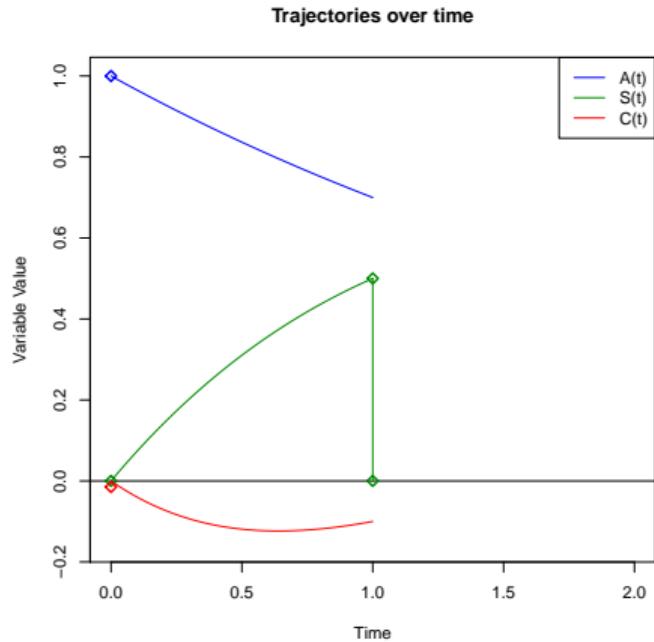
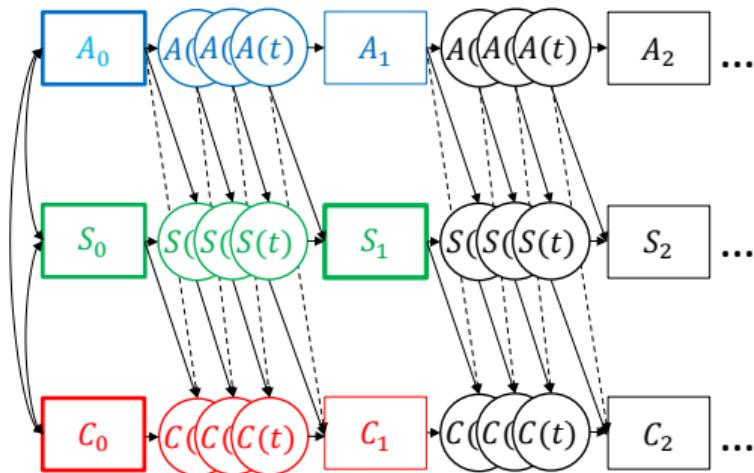
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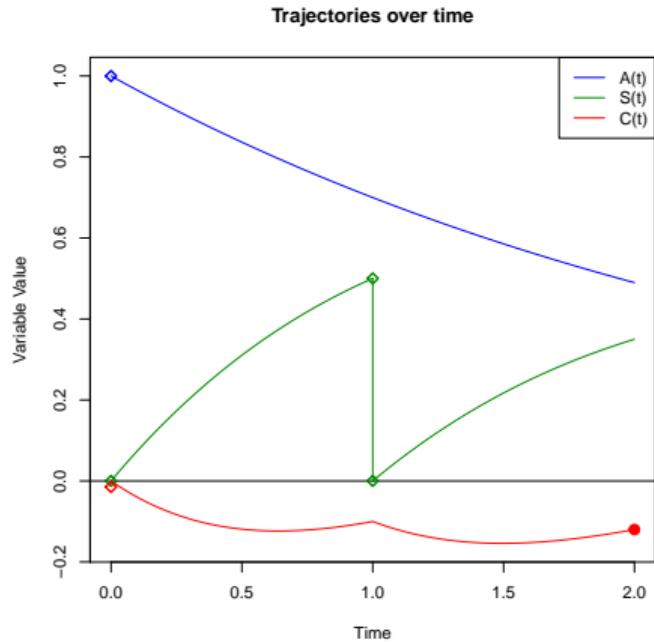
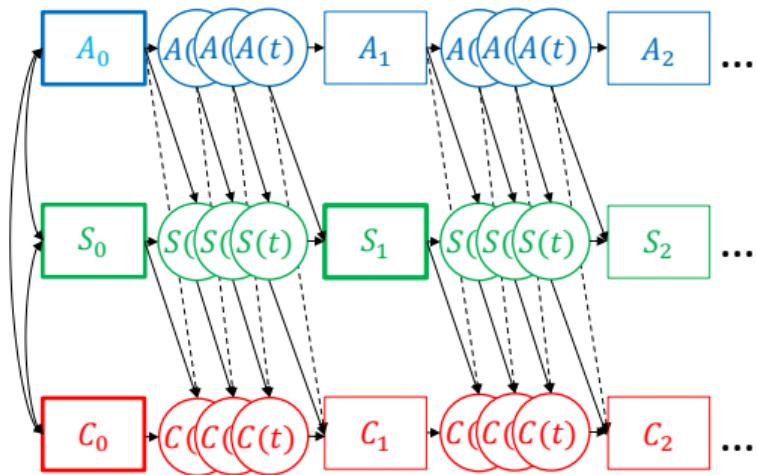
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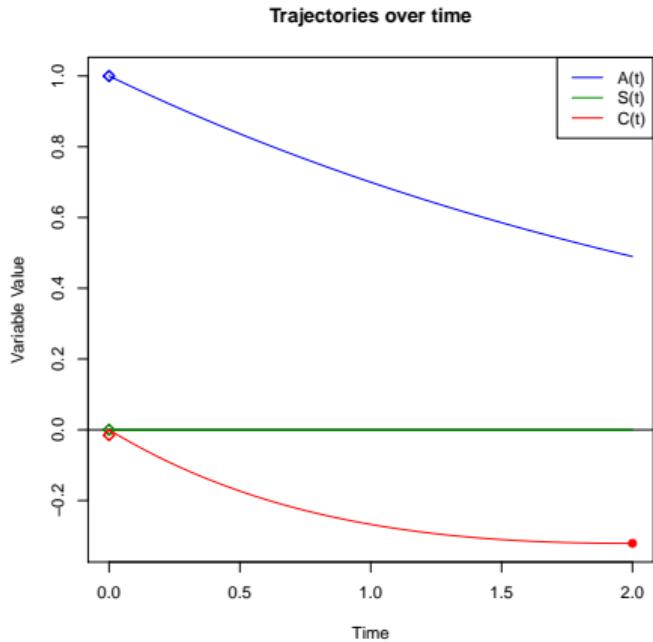
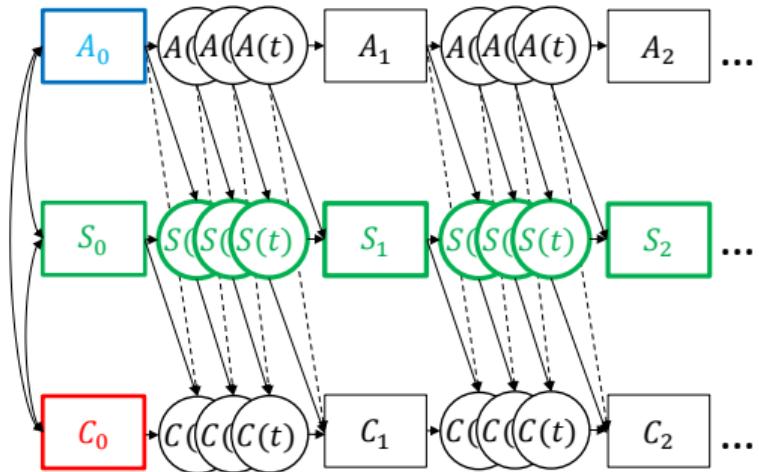
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# Direct effects as hypothetical experiments

CT model Direct Effect



## Estimating the model

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- ▶ Numerous promising R packages for CT estimation
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- ▶ DSEM is promising as a method of indirectly estimating the CT model
  - ▶ First estimate  $\Phi(\Delta t)$
  - ▶ Then "solve" for the underlying CT matrix  $A$
- ▶ Simulation studies are needed to fully flesh out the possibilities (in progress!)

## Conclusion

- ▶ DSEM allows us to fit a wide range of time series models
- ▶ To make further progress we need to examine how we conceptualise dynamic systems, and how we interpret the parameters of these models

## Contact Details

- ▶ <https://dml.sites.uu.nl/>
- ▶ o.ryan@uu.nl